

# Ìbálòpò tó nira

Líle àwon isan igege'di ti o yíká obò, fùrò idí, àti oju ara (vulva) se alábapin si ìbálòpò tó nira ní opolopo awon eniyan



Ìrora

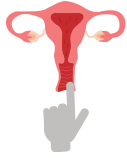


Ìgbádùn

Àwon Ìtalólobó Ìtójú  
Fisioterapi fun Ilẹ-igege'di

Gba iranlọwọ pẹlu ohun gbogbo ni isalẹ & diẹ sii!  
Fisioterapist ilẹ igege'di le ẹ iranlọwọ fun ọ lati ẹşeyori ibalopo laisi irora!

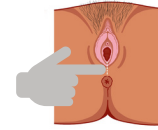
Itusilẹ Ilẹ igege'di



Ìfòwóra fùrò obò

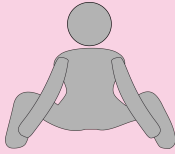


Şe fun pọ / dera

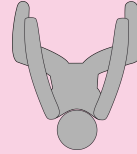


Ìfòwóra perineumu

Nínà



Ioso kan sale daada



Omo ayo



Nína isan Adductor

Awon irinşe to nílò nílé



Olukoni Perifit



Dilator

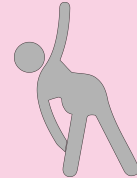


Òpá ilẹ igege'di

Gbogbo Ara



Eegun Ẹyin

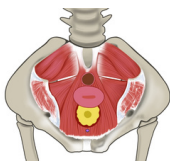


Bi ara se ròsí



Isan Obturator àti ibadi

Fisioterapist ilẹ igege'di



PFM to ni ilera pípé



Ìfowókàn



kòsí irora

Awon iwe afowokọ ofe àti awon fidio



Austin àti Leander

