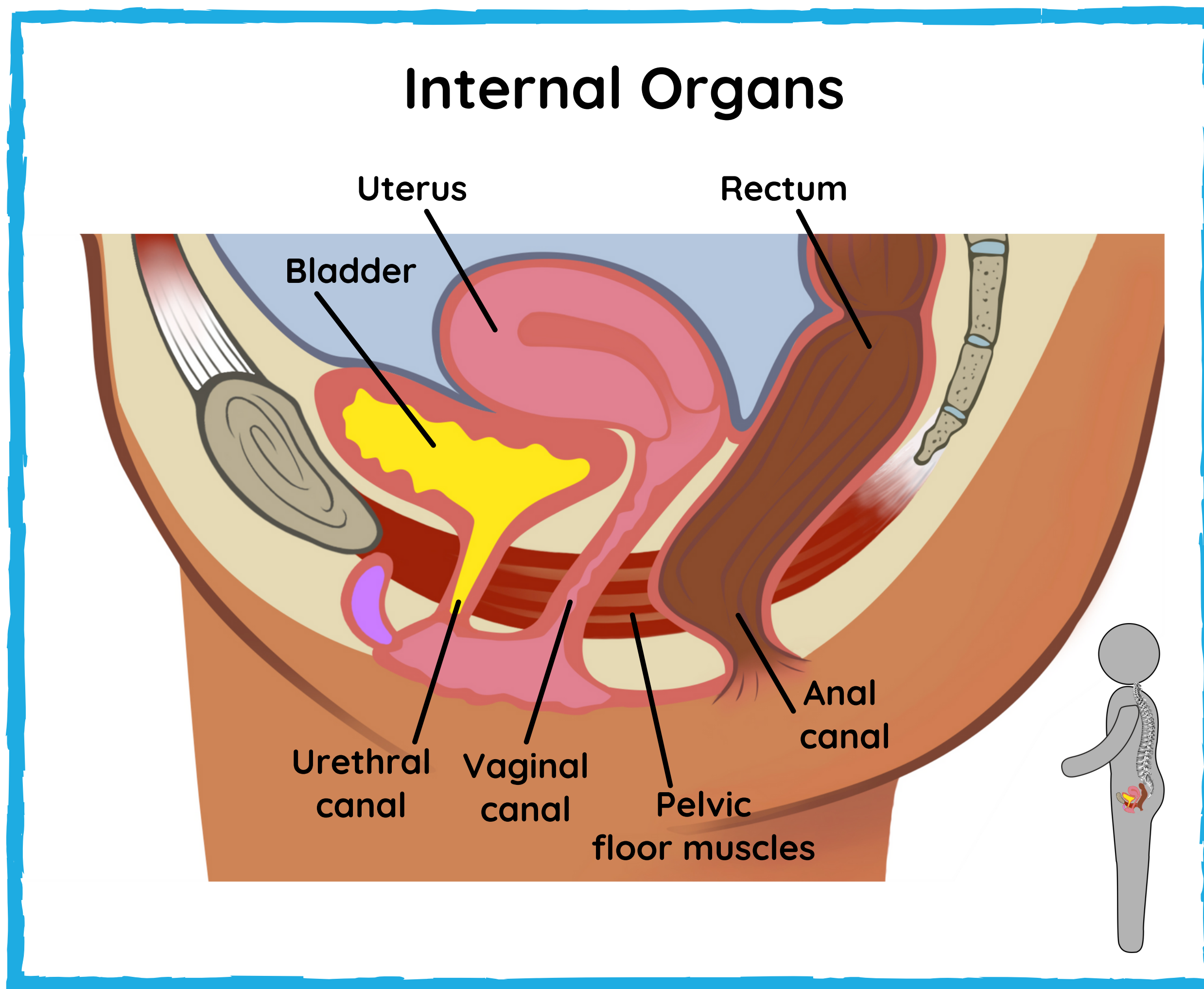


Pelvic anatomy



Imagine a female body opened up. We are looking at the inside of her right internal organs.

Bladder: This is where urine is stored.

Urethral canal: This is where urine exits.

Uterus: This is where babies grow.

Vaginal canal: This is for sex and childbirth.

Rectum: This is where waste (poop) is stored.

Anal canal: This is where solid waste, liquid waste, and gas exit.

The pelvic floor muscles attach to the pubic bone in the front and stretch all the way back to connect to the tailbone in the back.